



Children & Chiropractic

How do children benefit from chiropractic care? We all know how important the formative years are in determining the health of our children as they grow older. That's why chiropractic care is particularly vital to your child's health. **More and more studies are pointing toward early detection of spinal problems in preventing future health problems.**

Chiropractic care helps keep children healthy naturally by correcting these blockages from the brain and nervous system. Chiropractic care helps to ensure better resistance to disease and better ability to remove toxins from the body. Correcting subluxations, which block the natural healing process, allows children to return to health more quickly and more comfortably.

Clinical studies and research show chiropractic success with dyslexia, attention deficit hyperactivity disorder (ADHD), anxiety, behavioral and other learning disabilities without the scary side effects of drugs.

- ❖ **Researchers as well as parents have reported improvements in both grades and IQ as a result of chiropractic care.**¹⁻³

Warning Signs & Symptoms of Vertebral

Subluxations Complex (VSC)? VSC occurs when the spinal bones are out of alignment and block the nerve flow to the body. Since children may have subluxations and not even know it, they should have periodic chiropractic checkups. There are certain warning signs that their bodies may be out of alignment.

- **Children, especially infants who hold their head to one side**
- **Children who are always cranky, fidgety, and colic babies could be the result of VSC**
- **One hip or shoulder higher than the other**
- **One hand lower than the other when placed at their sides**

- **Head carried in front of shoulders**
- **A foot turned in or out**
- **Frequent falls**
- **Hyperactivity or Fatigue**

Chiropractic Checkups are Vital Children who suffer from a subluxations have a wide variety of ailments.

Some are very noticeable, but others go undetected for years. Even a small fall can cause damage with long term consequences.⁴ Through regular spinal checkups and early detection, future problems and illness can be prevented.

"Chiropractic children get sick less, have less ear infections and take less antibiotics as a result of chiropractic care"

- ❖ **Chiropractic children get sick less frequently, have less (or no) ear infections and take less (or no) antibiotics and drugs.**⁵⁻⁶
- ❖ **Relief from asthma and allergies have responded well to chiropractic care.**⁷
- ❖ **Chiropractic care has been reported helping children who suffer with autism. Some of these children have been re-evaluated and later re-diagnosed as normal after care.**⁸
- ❖ **Dr. Suh's studies at the Univ. of CO indicated that only 2 mm of pressure, the weight of a dime, produces damage to the nerve system.**
- ❖ **Even infants can be affected by the life and health damaging effects of vertebral subluxations. (Dr. V. Fryman)**

All children, especially if they are ill, need a body free of blockages to the flow of energy and information in their nervous systems. These blockages, (subluxations) create disease which can interfere with the proper function of the body's systems. A chiropractor who specializes in pediatrics is trained to locate and release these blockages caused by tiny misalignments in the spine. Healthy function of the body translates to a healthy child.⁹

Chiropractic is a whole kid healthcare!

Chiropractic care for children makes a big difference, no matter what their age. Keep your children healthy and correct those subluxations now. Ensure their natural self-healing ability functions at its best and help them grow into their full physical and emotional potential with safe and effective chiropractic care.

References:

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